

Yours for Children, Inc.

| Meat/Alt | |
|----------------------------|---|
| Beef | |
| 177 | Beef Franks & alt for child under 3 * (I) |
| 10 | Beef Ground HF (I) |
| 11 | Beef Heart (I) |
| 12 | Beef Kidneys (I) |
| 13 | Beef Liver HF (ACI) |
| 14 | Beef Lunchmeat / Bologna * (I) |
| 1 | Beef Meat Sauce * (I) |
| 15 | Beef Meatballs HF (I) |
| 18 | Beef Ribs HF (I) |
| 20 | Beef Roast (I) |
| 21 | Beef Steak (I) |
| 25 | Beef Stix * HF (I) |
| 2 | Beef Stroganoff (I) |
| 3 | Braunschwieger * HF |
| 4 | Brisket HF |
| 5 | Chuck Roast |
| 181 | Corn Dog & alt for child under 3 * HF |
| 6 | Corned Beef HF (I) |
| 17 | Pot Roast (I) |
| 22 | Salisbury Steak (I) |
| 23 | Sausage - Beef * HF (I) |
| 24 | Stew Meat - Beef (I) |
| 26 | Swedish Meatballs (I) |
| 28 | Veal (I) |
| 30 | Vienna Sausage * HF (I) |
| Chicken | |
| 31 | Chicken Breasts (I) |
| 32 | Chicken Croquettes (I) |
| 33 | Chicken Franks & alt for child under 3 * (I) |
| 35 | Chicken Ground (I) |
| 37 | Chicken Legs (I) |
| 38 | Chicken Liver (ACI) |
| 40 | Chicken Lunchmeat / Bologna * (I) |
| 41 | Chicken Meat Sauce * (I) |
| 42 | Chicken Nuggets CN HF (I) |
| 125 | Chicken Nuggets and Meat Alternate HF (I) |
| 46 | Chicken Soup Parts (I) |
| 45 | Chicken Stix * HF (I) |
| 47 | Chicken Thighs (I) |
| 48 | Chicken Wings (I) |
| 43 | Roasted Chicken (I) |
| 44 | Stew Meat - Chicken (I) |
| Duck / Goat / Goose | |
| 50 | Duck (I) |
| 51 | Goat * (I) |
| 52 | Goose * (I) |
| Lamb | |
| 53 | Lamb Chops (I) |
| 57 | Lamb Roast (I) |
| 58 | Lamb Stew (I) |
| 54 | Lamb, Kidney (I) |
| 55 | Lamb, Liver (I) |
| 56 | Lamb, Meat Sauce * (I) |
| Pork | |
| 60 | Canadian Bacon (I) |
| 65 | Ham (I) |
| 61 | Pork Chops / Cutlet HF (I) |
| 62 | Pork Franks & alt for child under 3 * HF (I) |
| 64 | Pork Ground (I) |
| 66 | Pork Heart (I) |
| 67 | Pork Kielbasa * HF (I) |
| 68 | Pork Liver * (ACI) |
| 70 | Pork Lunchmeat / Bologna * (I) |
| 72 | Pork Meat Sauce * (I) |
| 71 | Pork Meatballs (I) |
| 73 | Pork Pepperoni * (I) |
| 74 | Pork Roast (I) |
| 77 | Pork Shoulder (I) |
| 75 | Sausage - Pork * HF (I) |
| 76 | Sausage, Italian / Polish * (I) |
| 78 | Spare Ribs HF (I) |
| 80 | Stew Meat - Pork (I) |
| Turkey | |
| 113 | Heart, Turkey * (I) |

| | | |
|----------------|--|---------------------|
| Legend: | * Not Reimbursable for Infants Under 1 Yr | HF High Fat |
| | BR Breakfast Only | HM Homemade |
| | BR/SN Breakfast or Snack Only | HS High Salt |
| | SN Snack Only | A Vitamin A |
| | CN Must have a CN label | C Vitamin C |
| | DBL Double Portion Required | I Iron |
| | +/** Allow But Warn | |
| | # Not Reimbursable for Children >= 2 Yr | |

| Meat/Alt | | |
|--|--|---|
| Turkey | | 132 Garbanzo Beans/Chick Peas (I) |
| 122 Soup Parts, Turkey (I) | | 133 Great Northern Beans (I) |
| 123 Stew Meat - Turkey (I) | | 182 Hummus (I) |
| 107 Turkey Breast (I) | | 134 Lentils/Soup (I) |
| 108 Turkey Franks & alt for child under 3 * (I) | | 135 Lima Beans (CI) |
| 111 Turkey Ground (I) | | 136 Mung Beans (I) |
| 112 Turkey Ham (I) | | 137 Navy Beans (I) |
| 114 Turkey Leg (I) | | 138 Pinto Beans (I) |
| 116 Turkey Lunchmeat / Bologna * (I) | | 140 Pork N Beans * (I) |
| 118 Turkey Meat Sauce * (I) | | 141 Red / Kidney Beans (I) |
| 117 Turkey Meatballs (I) | | 142 Refried Beans (I) |
| 120 Turkey Nuggets (I) | | 145 Soybeans (I) |
| 121 Turkey Roast (I) | | 143 Split Pea Soup (I) |
| 124 Turkey Wing (I) | | Cheeses |
| Seafood | | 146 American Cheese HF |
| 81 Catfish * | | 147 Cheddar Cheese HF |
| 82 Clams * (CI) | | 158 Cheese and Macaroni HM |
| 83 Cod * | | 148 Cheese Spread / Food |
| 84 Crab * (I) | | 150 Colby Cheese HF |
| 85 Fish Fillets | | 151 Cottage Cheese |
| 86 Fish Sticks CN * HF | | 152 Fried Cheese Sticks * HF |
| 126 Fish Sticks and Meat Alternate * HF | | 153 Lowfat Cheese |
| 87 Haddock | | 155 Monterey Jack Cheese |
| 88 Lobster (I) | | 156 Mozzarella Cheese |
| 100 Meat Sauce * (I) | | 157 Provolone Cheese |
| 101 Pollock | | 160 Ricotta Cheese |
| 102 Salmon * | | 161 String Cheese |
| 103 Scallops (I) | | 162 Swiss Cheese HF |
| 104 Scrod * | | Eggs |
| 105 Shrimp * (I) | | 163 Egg * (I) |
| 106 Tuna (I) | | 164 Egg Yolk (I) |
| Beans / Legumes / Peas | | Peanut Butter |
| 127 Baked Beans | | 166 Peanut Butter & alt for child under 3 * SN (I) |
| 128 Bean Soup (I) | | 165 Peanut Butter & Meat * HF (I) |
| 263 Black Beans (I) | | Yogurt |
| 130 Blackeyed Peas (I) | | 167 Yogurt * |
| 131 Dried Green / Yellow Peas (I) | | Nuts or Seeds |
| | | 172 Almonds & alt for child under 3 * SN |

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| | # Not Reimbursable for Children >= 2 Yr | |

Meat/Alt

Nuts or Seeds

- 173 Cashews & alt for child under 3 * SN HF
- 174 Peanuts & alt for child under 3 * SN HF (I)
- 175 Pecans & alt for child under 3 * SN HF
- 168 Pumpkin Seeds & alt for child under 3 * SN (I)
- 171 Sesame Seed & alt for child under 3 * SN
- 170 Sunflower Seeds & alt for child under 3 * SN
- 180 Walnuts & alt for child under 3 * SN HF

Brd/Alt

Breads

- 1 Apple Bread *
- 3 Apricot Bread *
- 4 Bagel (I)
- 5 Bagel Chips (I)
- 6 Banana Bread *
- 8 Biscuits (I)
- 10 Bread Sticks * (I)
- 11 Carrot Bread *
- 12 Chow Mein Noodles * HF
- 15 Corn Dog Wrap *
- 78 Corn Muffins *
- 13 Cornbread *
- 16 Croissants * HF
- 17 Croutons
- 18 Date Nut Bread *
- 20 Dumplings *
- 21 Egg Rolls *
- 22 English Muffin (I)
- 23 Filo Pastry *
- 24 Flat Bread *
- 25 French Bread *
- 26 French Toast * (I)
- 27 Friendship Bread *
- 2 Fritters, Apple *
- 7 Fritters, Banana *
- 14 Fritters, Corn *
- 28 Granola * (I)

- 30 Hamburger Buns * (I)
- 31 Hawaiian Bread *
- 32 Hot Dog Buns *
- 33 Hush Puppies * HF
- 34 Italian Bread
- 35 Lumpia *
- 36 Monkey Bread *
- 37 Multi-grain Bread *
- 38 Oatmeal Bread * (I)
- 41 Pilot Bread *
- 42 Pita Bread (I)
- 43 Pita Crisps (I)
- 44 Popovers *
- 45 Potato Bread *
- 46 Pumpernickel Bread *
- 47 Pumpkin Bread *
- 48 Raisin Bread *
- 50 Rolls * (I)
- 40 Rolls, Parkerhouse *
- 52 Rolls, Snow Flake *
- 51 Rye Bread *
- 53 Sourdough Bread *
- 54 Spoonbread *
- 55 Wheat Bread (I)
- 56 White Bread (I)
- 123 Whole Grain Bread *
- 141 Whole Wheat Pasta * (I)
- 57 Wonton Wrappers *
- 58 Zucchini Bread * (I)

Cereals

- 134 Cheerios * BR/SN (I)
- 137 Chex * BR/SN (I)
- 60 Cold Cereal * BR/SN (I)
- 136 Corn Flakes * BR/SN
- 61 Hot Cereal * BR/SN
- 135 Kix * BR/SN (I)
- 140 Mini-wheat * BR/SN
- 138 Rice Krispies * BR/SN (I)

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| | SN | Snack Only | A | Vitamin A |
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| | DBL | Double Portion Required | I | Iron |
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| | # | Not Reimbursable for Children >= 2 Yr | | |

| Brd/Alt | Grains |
|-------------------------------------|--|
| Cookies | 81 Barley * |
| 64 Cookies * SN | 82 Bulgur * |
| Crackers | 83 Farina * (I) |
| 65 Crackers * | 84 Grits (Enriched Flour) * |
| Crusts | 85 Millet * |
| 66 Pie Crust * HF | 86 Oats * (AI) |
| 67 Pizza Crust * (I) | 133 Quinoa * |
| Breakfast Sweets | 87 Wheat * |
| 62 Granola Bars * SN (I) | Puddings |
| 63 Hot Cross Buns * SN | 111 Bread Pudding * SN |
| Donuts | 112 Rice Pudding * SN |
| 74 Apple Muffins * BR/SN | Rice |
| 75 Banana Muffins * BR/SN | 113 Brown Rice * (I) |
| 76 Blueberry Muffins * BR/SN | 114 Fried Rice * HF (I) |
| 77 Bran Muffins * BR/SN (I) | 115 Pilaf Rice * (I) |
| 68 Cinnamon Rolls * BR/SN | 116 Rice A Roni * (I) |
| 70 Coffee Cake * BR/SN | 117 Rice Cakes * (I) |
| 80 Cranberry Muffins * BR/SN | 118 Spanish Rice * |
| 72 Donuts, Raised * BR/SN | 120 White Rice * (I) |
| 71 Poptarts * BR/SN | 121 Wild Rice * (I) |
| 73 Sweet Rolls * BR/SN | Soups or Noodles |
| Pancakes | 122 Beef Noodle Soup - Canned * (I) |
| 88 Pancakes / Waffles * (I) | 125 Ramen Noodles (Packaged) * (I) |
| Pretzels | 124 Turkey Noodle Soup - Canned * (I) |
| 110 Pretzels * | Stuffing |
| Pasta | 126 Stuffing / Dressing * |
| 132 Couscous * | Tortillas |
| 100 Egg Noodles * (I) | 127 Corn Tortillas * |
| 101 Lasagna Noodles * (I) | 128 Flour Tortillas * (I) |
| 103 Macaroni & Cheese, boxed * (I) | 131 Taco / Tortilla Chips * |
| 102 Macaroni Noodles * (I) | 130 Taco Shell * |
| 104 Noodles * (I) | |
| 105 Pasta Salad * (I) | Veg/Frt/Juice |
| 107 Ravioli / Tortellini * (I) | Fruits |
| 106 Spaghetti Noodles * (I) | 45 Apple Pie Filling HM * SN (C) |
| 108 Vermicelli Noodles * (I) | 1 Apples (C) |
| 142 Whole Grain Pasta/Noodles * (I) | 2 Applesauce (C) |

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Yours for Children, Inc.

| Veg/Frt/Juice | |
|---------------|---------------------------------------|
| Fruits | |
| 3 | Apricots (A) |
| 4 | Bananas |
| 5 | Blackberries (C) |
| 6 | Blueberries (C) |
| 82 | Blueberries (Side) (C) |
| 46 | Blueberry Pie Filling HM * SN (C) |
| 7 | Boysenberries |
| 8 | Cantaloupe (AC) |
| 10 | Cherries (A) |
| 47 | Cherry Pie Filling HM * SN (A) |
| 86 | Clementines |
| 11 | Cranberry Sauce |
| 12 | Dates and alt for child under 3 * |
| 13 | Figs & alt for child under 3 * |
| 14 | Fruit Cocktail (AC) |
| 16 | Fruit Pie * SN |
| 15 | Fruit Salad (AC) |
| 17 | Grapefruit (C) |
| 85 | Grapes & alt for children under 3 * |
| 20 | Guava (C) |
| 21 | Honeydew Melon (AC) |
| 22 | Kiwi (C) |
| 23 | Mandarin Oranges (AC) |
| 24 | Mangos (AC) |
| 83 | Mixed Fruit Cup (AC) |
| 25 | Nectarines (AC) |
| 26 | Oranges (C) |
| 27 | Papaya (AC) |
| 28 | Peaches (AC) |
| 30 | Pears (C) |
| 31 | Pineapple (C) |
| 32 | Plantain (AC) |
| 33 | Plums (AC) |
| 87 | Prunes, Stewed (AI) |
| 48 | Pumpkin Pie Filling HM * SN |
| 36 | Raisins & alt for child under 3 * LD |
| 37 | Raspberries (C) |
| 38 | Rhubarb |
| 40 | Star fruit |
| 41 | Strawberries (C) |
| 42 | Tangerines (C) |
| 43 | Ugli Fruit |
| 44 | Watermelon (AC) |
| Juices | |
| 51 | Apple Cider BR/SN (C) |
| 52 | Apple Juice BR/SN (C) |
| 88 | Apple Juicy Juice BR/SN (C) |
| 50 | Apple-Cherry Juice BR/SN (C) |
| 53 | Apple-Grape Juice BR/SN (C) |
| 100 | Berry Juicy Juice BR/SN (C) |
| 54 | Caribbean (100% Juice) Splash BR/SN |
| 55 | Carrot Juice * BR/SN (A) |
| 56 | Cherry Juice BR/SN (A) |
| 101 | Cherry Juicy Juice BR/SN (C) |
| 57 | Cranberry / Combinations Juice BR/SN |
| 58 | Cranberry Cape Cod Juice BR/SN |
| 60 | Cranberry Juice Medley BR/SN |
| 61 | Fruit Punch - Mott's BR/SN |
| 62 | Fruit Punch - Nothin' But Juice BR/SN |
| 63 | Fruit Punch - Speas Farm BR/SN |
| 102 | Fruit Punch Juicy Juice BR/SN (C) |
| 64 | Grape Juice BR/SN (C) |
| 103 | Grape Juicy Juice BR/SN (C) |
| 65 | Grapefruit Juice BR/SN (C) |
| 84 | Hawaiian Sunrise (100% juice) BR/SN |
| 67 | Juicy Juice BR/SN |
| 70 | Just Juicy Juice BR/SN |
| 73 | Mixed Fruit Juice BR/SN (C) |
| 66 | Nothin' But Juice BR/SN |
| 72 | Orange Grape Juice Medley BR/SN (C) |
| 71 | Orange Juice BR/SN (C) |
| 74 | Pineapple Juice BR/SN (C) |
| 34 | Popsicles (100% Juice ONLY) BR/SN |
| 75 | Prune Juice BR/SN (AI) |

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Yours for Children, Inc.

| Veg/Frt/Juice | |
|-------------------|-----------------------------------|
| Juices | |
| 76 | Raspberry Juice BR/SN (C) |
| 77 | Simply The Juice BR/SN |
| 78 | Tangerine Juice BR/SN (C) |
| 80 | Tomato Juice / V8 * BR/SN (AC) |
| 81 | Tropical Fruit (100% juice) BR/SN |
| Vegetables | |
| 150 | Acorn Squash (ACI) |
| 151 | Alfalfa Sprouts |
| 152 | Artichokes |
| 153 | Asparagus (C) |
| 154 | Avocado HF |
| 155 | Baked Beans (I) |
| 218 | Baked Potato |
| 156 | Bean Sprouts (C) |
| 157 | Beets |
| 158 | Blackeyed Peas (I) |
| 161 | Broccoflower |
| 160 | Broccoli (AC) |
| 162 | Brussels Sprouts (C) |
| 163 | Butternut Squash (AC) |
| 164 | Cabbage, Red / White (C) |
| 167 | Caesar Salad |
| 262 | Carrot Sticks (A) |
| 165 | Carrots (A) |
| 166 | Cauliflower (C) |
| 168 | Celery Sticks |
| 170 | Cole Slaw |
| 171 | Collard Greens (AC) |
| 172 | Corn |
| 173 | Corn Chowder |
| 174 | Cucumbers |
| 175 | Dried Green / Yellow Peas (I) |
| 176 | Eggplant |
| 177 | English Peas (I) |
| 178 | French Fries HF (C) |
| 236 | Fresh Tomatoes (AC) |
| 180 | Garbanzo Beans/Chick Peas (I) |
| 181 | Great Northern Beans (I) |
| 185 | Greek Salad |
| 182 | Green Beans |
| 214 | Green Peas (CI) |
| 184 | Greens (AC) |
| 186 | Hash Browns HF (C) |
| 187 | Instant Potatoes (C) |
| 188 | Kale (AC) |
| 200 | Lentils (I) |
| 201 | Lettuce & Pickles |
| 202 | Lima Beans (CI) |
| 220 | Mashed Potatoes (C) |
| 204 | Mixed Vegetables |
| 205 | Mung Beans (I) |
| 206 | Mushrooms |
| 207 | Mustard Greens (AC) |
| 208 | Navy Beans (I) |
| 210 | Okra (C) |
| 211 | Olives |
| 213 | Parsnip (C) |
| 203 | Peas and Carrots (ACI) |
| 183 | Peppers, Green (C) |
| 228 | Peppers, Red (AC) |
| 215 | Pickles |
| 216 | Pinto Beans (I) |
| 225 | Pork and Beans (I) |
| 222 | Potato Salad (C) |
| 223 | Potato Skins (C) |
| 224 | Potato Sweet/Yams (AC) |
| 217 | Potatoes, Au gratin/Scalloped (C) |
| 221 | Potatoes, Red/White (C) |
| 226 | Pumpkin (AC) |
| 227 | Red / Kidney Beans (I) |
| 230 | Refried Beans (I) |
| 231 | Sauerkraut |
| 261 | Sliced peppers- side (C) |
| 232 | Spaghetti Sauce |

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| | # | Not Reimbursable for Children >= 2 Yr | | |

| Veg/Frt/Juice | Infant Only |
|---------------------------------|---|
| Vegetables | Infant Eggs / Meats |
| 233 Spinach (ACI) | 211 Infant Beef (I) |
| 234 Stew Vegetables | 212 Infant Chicken (I) |
| 241 Stewed Tomatoes (AC) | 210 Infant Egg Yolk |
| 235 Tator Tots / Shapes HF (C) | 213 Infant Ham (I) |
| 237 Tomato Paste (AC) | 214 Infant Lamb (I) |
| 240 Tomato Sauce (AC) | 215 Infant Turkey (I) |
| 238 Tomatoes, Puree (AC) | 216 Infant Veal (I) |
| 242 Tossed Salad | Infant Breads / Crackers |
| 243 Turnips (AC) | 206 Bread - 0 to 1/2 slice |
| 260 Vegetable, Meat Pie LD/SN | 207 Crackers - 0 to 2 crackers |
| 244 Wax / Yellow Beans (CI) | Infant Milk / Formula |
| 245 White Squash (C) | 11 Breast Milk / Iron Fort. Infant Formula (A) |
| 246 Yellow Squash (C) | 12 Non-Iron Fort. Infant Formula, Dr Statement Required |
| 247 Zucchini Squash (CI) | 13 Parent Supplied Formula |
| Soups | |
| 248 Bean Soup (I) | |
| 250 Chicken Vegetable Soup (AI) | |
| 251 Chunky Vegetable Soup | |
| 252 Lentil Soup (I) | |
| 253 Minestrone Soup | |
| 254 Potato Soup (C) | |
| 255 Split Pea Soup (I) | |
| 256 Tomato Soup (AC) | |
| 257 Turkey Vegetable Soup (I) | |
| 258 Vegetable Soup (A) | |

Milk

| Milk | |
|------|--|
| 3 | Flavored Milk (Choc / Strawb) * (A) |
| 5 | High Protein Milk * (A) |
| 1 | Hot Chocolate with Milk * (A) |
| 4 | Lowfat Milk - 1% * (A) |
| 8 | Milk - 2% * |
| 2 | Milkshakes, Fluid Milk * (A) |
| 6 | Skim Milk - 1/2% * (A) |
| 9 | Special Provision (with Diet Statement) *+ |
| 7 | Whole Milk * (A) |

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