

Yours for Children, Inc.

<b>Meat/Alt</b>	
<b>Beef</b>	
177	<b>Beef Franks &amp; alt for child under 3 * (I)</b>
10	<b>Beef Ground HF (I)</b>
11	<b>Beef Heart (I)</b>
12	<b>Beef Kidneys (I)</b>
13	<b>Beef Liver HF (ACI)</b>
14	<b>Beef Lunchmeat / Bologna * (I)</b>
1	<b>Beef Meat Sauce * (I)</b>
15	<b>Beef Meatballs HF (I)</b>
18	<b>Beef Ribs HF (I)</b>
20	<b>Beef Roast (I)</b>
21	<b>Beef Steak (I)</b>
25	<b>Beef Stix * HF (I)</b>
2	<b>Beef Stroganoff (I)</b>
3	<b>Braunschwieger * HF</b>
4	<b>Brisket HF</b>
5	<b>Chuck Roast</b>
181	<b>Corn Dog &amp; alt for child under 3 * HF</b>
6	<b>Corned Beef HF (I)</b>
17	<b>Pot Roast (I)</b>
22	<b>Salisbury Steak (I)</b>
23	<b>Sausage - Beef * HF (I)</b>
24	<b>Stew Meat - Beef (I)</b>
26	<b>Swedish Meatballs (I)</b>
28	<b>Veal (I)</b>
30	<b>Vienna Sausage * HF (I)</b>
<b>Chicken</b>	
31	<b>Chicken Breasts (I)</b>
32	<b>Chicken Croquettes (I)</b>
33	<b>Chicken Franks &amp; alt for child under 3 * (I)</b>
35	<b>Chicken Ground (I)</b>
37	<b>Chicken Legs (I)</b>
38	<b>Chicken Liver (ACI)</b>
40	<b>Chicken Lunchmeat / Bologna * (I)</b>
41	<b>Chicken Meat Sauce * (I)</b>
42	<b>Chicken Nuggets CN HF (I)</b>
125	<b>Chicken Nuggets and Meat Alternate HF (I)</b>
46	<b>Chicken Soup Parts (I)</b>
45	<b>Chicken Stix * HF (I)</b>
47	<b>Chicken Thighs (I)</b>
48	<b>Chicken Wings (I)</b>
43	<b>Roasted Chicken (I)</b>
44	<b>Stew Meat - Chicken (I)</b>
<b>Duck / Goat / Goose</b>	
50	<b>Duck (I)</b>
51	<b>Goat * (I)</b>
52	<b>Goose * (I)</b>
<b>Lamb</b>	
53	<b>Lamb Chops (I)</b>
57	<b>Lamb Roast (I)</b>
58	<b>Lamb Stew (I)</b>
54	<b>Lamb, Kidney (I)</b>
55	<b>Lamb, Liver (I)</b>
56	<b>Lamb, Meat Sauce * (I)</b>
<b>Pork</b>	
60	<b>Canadian Bacon (I)</b>
65	<b>Ham (I)</b>
61	<b>Pork Chops / Cutlet HF (I)</b>
62	<b>Pork Franks &amp; alt for child under 3 * HF (I)</b>
64	<b>Pork Ground (I)</b>
66	<b>Pork Heart (I)</b>
67	<b>Pork Kielbasa * HF (I)</b>
68	<b>Pork Liver * (ACI)</b>
70	<b>Pork Lunchmeat / Bologna * (I)</b>
72	<b>Pork Meat Sauce * (I)</b>
71	<b>Pork Meatballs (I)</b>
73	<b>Pork Pepperoni * (I)</b>
74	<b>Pork Roast (I)</b>
77	<b>Pork Shoulder (I)</b>
75	<b>Sausage - Pork * HF (I)</b>
76	<b>Sausage, Italian / Polish * (I)</b>
78	<b>Spare Ribs HF (I)</b>
80	<b>Stew Meat - Pork (I)</b>
<b>Turkey</b>	
113	<b>Heart, Turkey * (I)</b>

<b>Legend:</b>	<b>*</b> Not Reimbursable for Infants Under 1 Yr	<b>HF</b> High Fat
	<b>BR</b> Breakfast Only	<b>HM</b> Homemade
	<b>BR/SN</b> Breakfast or Snack Only	<b>HS</b> High Salt
	<b>SN</b> Snack Only	<b>A</b> Vitamin A
	<b>CN</b> Must have a CN label	<b>C</b> Vitamin C
	<b>DBL</b> Double Portion Required	<b>I</b> Iron
	<b>+/**</b> Allow But Warn	
	<b>#</b> Not Reimbursable for Children >= 2 Yr	

Yours for Children, Inc.

<b>Meat/Alt</b>		
<b>Turkey</b>		132 <b>Garbanzo Beans/Chick Peas (I)</b>
122 <b>Soup Parts, Turkey (I)</b>		133 <b>Great Northern Beans (I)</b>
123 <b>Stew Meat - Turkey (I)</b>		182 <b>Hummus (I)</b>
107 <b>Turkey Breast (I)</b>		134 <b>Lentils/Soup (I)</b>
108 <b>Turkey Franks &amp; alt for child under 3 * (I)</b>		135 <b>Lima Beans (CI)</b>
111 <b>Turkey Ground (I)</b>		136 <b>Mung Beans (I)</b>
112 <b>Turkey Ham (I)</b>		137 <b>Navy Beans (I)</b>
114 <b>Turkey Leg (I)</b>		138 <b>Pinto Beans (I)</b>
116 <b>Turkey Lunchmeat / Bologna * (I)</b>		140 <b>Pork N Beans * (I)</b>
118 <b>Turkey Meat Sauce * (I)</b>		141 <b>Red / Kidney Beans (I)</b>
117 <b>Turkey Meatballs (I)</b>		142 <b>Refried Beans (I)</b>
120 <b>Turkey Nuggets (I)</b>		145 <b>Soybeans (I)</b>
121 <b>Turkey Roast (I)</b>		143 <b>Split Pea Soup (I)</b>
124 <b>Turkey Wing (I)</b>		<b>Cheeses</b>
<b>Seafood</b>		146 <b>American Cheese HF</b>
81 <b>Catfish *</b>		147 <b>Cheddar Cheese HF</b>
82 <b>Clams * (CI)</b>		158 <b>Cheese and Macaroni HM</b>
83 <b>Cod *</b>		148 <b>Cheese Spread / Food</b>
84 <b>Crab * (I)</b>		150 <b>Colby Cheese HF</b>
85 <b>Fish Fillets</b>		151 <b>Cottage Cheese</b>
86 <b>Fish Sticks CN * HF</b>		152 <b>Fried Cheese Sticks * HF</b>
126 <b>Fish Sticks and Meat Alternate * HF</b>		153 <b>Lowfat Cheese</b>
87 <b>Haddock</b>		155 <b>Monterey Jack Cheese</b>
88 <b>Lobster (I)</b>		156 <b>Mozzarella Cheese</b>
100 <b>Meat Sauce * (I)</b>		157 <b>Provolone Cheese</b>
101 <b>Pollock</b>		160 <b>Ricotta Cheese</b>
102 <b>Salmon *</b>		161 <b>String Cheese</b>
103 <b>Scallops (I)</b>		162 <b>Swiss Cheese HF</b>
104 <b>Scrod *</b>		<b>Eggs</b>
105 <b>Shrimp * (I)</b>		163 <b>Egg * (I)</b>
106 <b>Tuna (I)</b>		164 <b>Egg Yolk (I)</b>
<b>Beans / Legumes / Peas</b>		<b>Peanut Butter</b>
127 <b>Baked Beans</b>		166 <b>Peanut Butter &amp; alt for child under 3 * SN (I)</b>
128 <b>Bean Soup (I)</b>		165 <b>Peanut Butter &amp; Meat * HF (I)</b>
263 <b>Black Beans (I)</b>		<b>Yogurt</b>
130 <b>Blackeyed Peas (I)</b>		167 <b>Yogurt *</b>
131 <b>Dried Green / Yellow Peas (I)</b>		<b>Nuts or Seeds</b>
		172 <b>Almonds &amp; alt for child under 3 * SN</b>

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**Meat/Alt**

**Nuts or Seeds**

- 173 Cashews & alt for child under 3 \* SN HF
- 174 Peanuts & alt for child under 3 \* SN HF (I)
- 175 Pecans & alt for child under 3 \* SN HF
- 168 Pumpkin Seeds & alt for child under 3 \* SN (I)
- 171 Sesame Seed & alt for child under 3 \* SN
- 170 Sunflower Seeds & alt for child under 3 \* SN
- 180 Walnuts & alt for child under 3 \* SN HF

**Brd/Alt**

**Breads**

- 1 Apple Bread \*
- 3 Apricot Bread \*
- 4 Bagel (I)
- 5 Bagel Chips (I)
- 6 Banana Bread \*
- 8 Biscuits (I)
- 10 Bread Sticks \* (I)
- 11 Carrot Bread \*
- 12 Chow Mein Noodles \* HF
- 15 Corn Dog Wrap \*
- 78 Corn Muffins \*
- 13 Cornbread \*
- 16 Croissants \* HF
- 17 Croutons
- 18 Date Nut Bread \*
- 20 Dumplings \*
- 21 Egg Rolls \*
- 22 English Muffin (I)
- 23 Filo Pastry \*
- 24 Flat Bread \*
- 25 French Bread \*
- 26 French Toast \* (I)
- 27 Friendship Bread \*
- 2 Fritters, Apple \*
- 7 Fritters, Banana \*
- 14 Fritters, Corn \*
- 28 Granola \* (I)

- 30 Hamburger Buns \* (I)
- 31 Hawaiian Bread \*
- 32 Hot Dog Buns \*
- 33 Hush Puppies \* HF
- 34 Italian Bread
- 35 Lumpia \*
- 36 Monkey Bread \*
- 37 Multi-grain Bread \*
- 38 Oatmeal Bread \* (I)
- 41 Pilot Bread \*
- 42 Pita Bread (I)
- 43 Pita Crisps (I)
- 44 Popovers \*
- 45 Potato Bread \*
- 46 Pumpernickel Bread \*
- 47 Pumpkin Bread \*
- 48 Raisin Bread \*
- 50 Rolls \* (I)
- 40 Rolls, Parkerhouse \*
- 52 Rolls, Snow Flake \*
- 51 Rye Bread \*
- 53 Sourdough Bread \*
- 54 Spoonbread \*
- 55 Wheat Bread (I)
- 56 White Bread (I)
- 123 Whole Grain Bread \*
- 141 Whole Wheat Pasta \* (I)
- 57 Wonton Wrappers \*
- 58 Zucchini Bread \* (I)

**Cereals**

- 134 Cheerios \* BR/SN (I)
- 137 Chex \* BR/SN (I)
- 60 Cold Cereal \* BR/SN (I)
- 136 Corn Flakes \* BR/SN
- 61 Hot Cereal \* BR/SN
- 135 Kix \* BR/SN (I)
- 140 Mini-wheat \* BR/SN
- 138 Rice Krispies \* BR/SN (I)

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Brd/Alt	Grains
<b>Cookies</b>	<b>81 Barley *</b>
64 Cookies * SN	<b>82 Bulgur *</b>
<b>Crackers</b>	<b>83 Farina * (I)</b>
65 Crackers *	<b>84 Grits (Enriched Flour) *</b>
<b>Crusts</b>	<b>85 Millet *</b>
66 Pie Crust * HF	<b>86 Oats * (AI)</b>
67 Pizza Crust * (I)	<b>133 Quinoa *</b>
<b>Breakfast Sweets</b>	<b>87 Wheat *</b>
62 Granola Bars * SN (I)	<b>Puddings</b>
63 Hot Cross Buns * SN	<b>111 Bread Pudding * SN</b>
<b>Donuts</b>	<b>112 Rice Pudding * SN</b>
74 Apple Muffins * BR/SN	<b>Rice</b>
75 Banana Muffins * BR/SN	<b>113 Brown Rice * (I)</b>
76 Blueberry Muffins * BR/SN	<b>114 Fried Rice * HF (I)</b>
77 Bran Muffins * BR/SN (I)	<b>115 Pilaf Rice * (I)</b>
68 Cinnamon Rolls * BR/SN	<b>116 Rice A Roni * (I)</b>
70 Coffee Cake * BR/SN	<b>117 Rice Cakes * (I)</b>
80 Cranberry Muffins * BR/SN	<b>118 Spanish Rice *</b>
72 Donuts, Raised * BR/SN	<b>120 White Rice * (I)</b>
71 Poptarts * BR/SN	<b>121 Wild Rice * (I)</b>
73 Sweet Rolls * BR/SN	<b>Soups or Noodles</b>
<b>Pancakes</b>	<b>122 Beef Noodle Soup - Canned * (I)</b>
88 Pancakes / Waffles * (I)	<b>125 Ramen Noodles (Packaged) * (I)</b>
<b>Pretzels</b>	<b>124 Turkey Noodle Soup - Canned * (I)</b>
110 Pretzels *	<b>Stuffing</b>
<b>Pasta</b>	<b>126 Stuffing / Dressing *</b>
132 Couscous *	<b>Tortillas</b>
100 Egg Noodles * (I)	<b>127 Corn Tortillas *</b>
101 Lasagna Noodles * (I)	<b>128 Flour Tortillas * (I)</b>
103 Macaroni & Cheese, boxed * (I)	<b>131 Taco / Tortilla Chips *</b>
102 Macaroni Noodles * (I)	<b>130 Taco Shell *</b>
104 Noodles * (I)	
105 Pasta Salad * (I)	
107 Ravioli / Tortellini * (I)	
106 Spaghetti Noodles * (I)	
108 Vermicelli Noodles * (I)	
142 Whole Grain Pasta/Noodles * (I)	

**Veg/Frt/Juice**

Fruits	
<b>45 Apple Pie Filling HM * SN (C)</b>	
<b>1 Apples (C)</b>	
<b>2 Applesauce (C)</b>	

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	<b>CN</b> Must have a CN label	<b>C</b> Vitamin C
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Yours for Children, Inc.

Veg/Frt/Juice	
<b>Fruits</b>	
3	Apricots (A)
4	Bananas
5	Blackberries (C)
6	Blueberries (C)
82	Blueberries (Side) (C)
46	Blueberry Pie Filling HM * SN (C)
7	Boysenberries
8	Cantaloupe (AC)
10	Cherries (A)
47	Cherry Pie Filling HM * SN (A)
86	Clementines
11	Cranberry Sauce
12	Dates and alt for child under 3 *
13	Figs & alt for child under 3 *
14	Fruit Cocktail (AC)
16	Fruit Pie * SN
15	Fruit Salad (AC)
17	Grapefruit (C)
85	Grapes & alt for children under 3 *
20	Guava (C)
21	Honeydew Melon (AC)
22	Kiwi (C)
23	Mandarin Oranges (AC)
24	Mangos (AC)
83	Mixed Fruit Cup (AC)
25	Nectarines (AC)
26	Oranges (C)
27	Papaya (AC)
28	Peaches (AC)
30	Pears (C)
31	Pineapple (C)
32	Plantain (AC)
33	Plums (AC)
87	Prunes, Stewed (AI)
48	Pumpkin Pie Filling HM * SN
36	Raisins & alt for child under 3 * LD
37	Raspberries (C)
38	Rhubarb
40	Star fruit
41	Strawberries (C)
42	Tangerines (C)
43	Ugli Fruit
44	Watermelon (AC)
<b>Juices</b>	
51	Apple Cider BR/SN (C)
52	Apple Juice BR/SN (C)
88	Apple Juicy Juice BR/SN (C)
50	Apple-Cherry Juice BR/SN (C)
53	Apple-Grape Juice BR/SN (C)
100	Berry Juicy Juice BR/SN (C)
54	Caribbean (100% Juice) Splash BR/SN
55	Carrot Juice * BR/SN (A)
56	Cherry Juice BR/SN (A)
101	Cherry Juicy Juice BR/SN (C)
57	Cranberry / Combinations Juice BR/SN
58	Cranberry Cape Cod Juice BR/SN
60	Cranberry Juice Medley BR/SN
61	Fruit Punch - Mott's BR/SN
62	Fruit Punch - Nothin' But Juice BR/SN
63	Fruit Punch - Speas Farm BR/SN
102	Fruit Punch Juicy Juice BR/SN (C)
64	Grape Juice BR/SN (C)
103	Grape Juicy Juice BR/SN (C)
65	Grapefruit Juice BR/SN (C)
84	Hawaiian Sunrise (100% juice) BR/SN
67	Juicy Juice BR/SN
70	Just Juicy Juice BR/SN
73	Mixed Fruit Juice BR/SN (C)
66	Nothin' But Juice BR/SN
72	Orange Grape Juice Medley BR/SN (C)
71	Orange Juice BR/SN (C)
74	Pineapple Juice BR/SN (C)
34	Popsicles (100% Juice ONLY) BR/SN
75	Prune Juice BR/SN (AI)

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Veg/Frt/Juice	
<b>Juices</b>	
76	Raspberry Juice BR/SN (C)
77	Simply The Juice BR/SN
78	Tangerine Juice BR/SN (C)
80	Tomato Juice / V8 * BR/SN (AC)
81	Tropical Fruit (100% juice) BR/SN
<b>Vegetables</b>	
150	Acorn Squash (ACI)
151	Alfalfa Sprouts
152	Artichokes
153	Asparagus (C)
154	Avocado HF
155	Baked Beans (I)
218	Baked Potato
156	Bean Sprouts (C)
157	Beets
158	Blackeyed Peas (I)
161	Broccoflower
160	Broccoli (AC)
162	Brussels Sprouts (C)
163	Butternut Squash (AC)
164	Cabbage, Red / White (C)
167	Caesar Salad
262	Carrot Sticks (A)
165	Carrots (A)
166	Cauliflower (C)
168	Celery Sticks
170	Cole Slaw
171	Collard Greens (AC)
172	Corn
173	Corn Chowder
174	Cucumbers
175	Dried Green / Yellow Peas (I)
176	Eggplant
177	English Peas (I)
178	French Fries HF (C)
236	Fresh Tomatoes (AC)
180	Garbanzo Beans/Chick Peas (I)
181	Great Northern Beans (I)
185	Greek Salad
182	Green Beans
214	Green Peas (CI)
184	Greens (AC)
186	Hash Browns HF (C)
187	Instant Potatoes (C)
188	Kale (AC)
200	Lentils (I)
201	Lettuce & Pickles
202	Lima Beans (CI)
220	Mashed Potatoes (C)
204	Mixed Vegetables
205	Mung Beans (I)
206	Mushrooms
207	Mustard Greens (AC)
208	Navy Beans (I)
210	Okra (C)
211	Olives
213	Parsnip (C)
203	Peas and Carrots (ACI)
183	Peppers, Green (C)
228	Peppers, Red (AC)
215	Pickles
216	Pinto Beans (I)
225	Pork and Beans (I)
222	Potato Salad (C)
223	Potato Skins (C)
224	Potato Sweet/Yams (AC)
217	Potatoes, AuGratin/Scalloped (C)
221	Potatoes, Red/White (C)
226	Pumpkin (AC)
227	Red / Kidney Beans (I)
230	Refried Beans (I)
231	Sauerkraut
261	Sliced peppers- side (C)
232	Spaghetti Sauce

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<b>Vegetables</b>	<b>Infant Eggs / Meats</b>
233 Spinach (ACI)	211 Infant Beef (I)
234 Stew Vegetables	212 Infant Chicken (I)
241 Stewed Tomatoes (AC)	210 Infant Egg Yolk
235 Tator Tots / Shapes HF (C)	213 Infant Ham (I)
237 Tomato Paste (AC)	214 Infant Lamb (I)
240 Tomato Sauce (AC)	215 Infant Turkey (I)
238 Tomatoes, Puree (AC)	216 Infant Veal (I)
242 Tossed Salad	<b>Infant Breads / Crackers</b>
243 Turnips (AC)	206 Bread - 0 to 1/2 slice
260 Vegetable, Meat Pie LD/SN	207 Crackers - 0 to 2 crackers
244 Wax / Yellow Beans (CI)	<b>Infant Milk / Formula</b>
245 White Squash (C)	11 Breast Milk / Iron Fort. Infant Formula (A)
246 Yellow Squash (C)	12 Non-Iron Fort. Infant Formula, Dr Statement Required
247 Zucchini Squash (CI)	13 Parent Supplied Formula
<b>Soups</b>	
248 Bean Soup (I)	
250 Chicken Vegetable Soup (AI)	
251 Chunky Vegetable Soup	
252 Lentil Soup (I)	
253 Minestrone Soup	
254 Potato Soup (C)	
255 Split Pea Soup (I)	
256 Tomato Soup (AC)	
257 Turkey Vegetable Soup (I)	
258 Vegetable Soup (A)	

**Milk**

Milk	
3	Flavored Milk (Choc / Strawb) * (A)
5	High Protein Milk * (A)
1	Hot Chocolate with Milk * (A)
4	Lowfat Milk - 1% * (A)
8	Milk - 2% *
2	Milkshakes, Fluid Milk * (A)
6	Skim Milk - 1/2% * (A)
9	Special Provision (with Diet Statement) *+
7	Whole Milk * (A)

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