



303-313 Washington Street
 Auburn, MA 01501
 800-222-2731
 FAX 508-721-0919
 E-Mail: yfci@yoursforchildren.com
www.yoursforchildren.com

Child's YFCI Enrollment Number _____
 (Paper claims only)

Please check (✓) one option:

- New Child Enrollment** **Updated Child Enrollment** **Reactivation**
Beginning Date _____

CACFP CHILD ENROLLMENT FORM

PLEASE PRINT

Your Family Day Care Provider participates in the United States Department of Agriculture (USDA) Child and Adult Care Food Program (CACFP) administered by the Massachusetts Department of Elementary and Secondary Education. Meals served must meet nutrition requirements established by USDA's Child & Adult Care Food Program. In order to participate, your provider has agreed to follow the USDA guidelines. A medical statement from your doctor is necessary if your child cannot eat foods required by the CACFP. In an effort to assess that these requirements are being met, the USDA and CACFP requires providers to annually collect the enrollment information listed below.
Please complete the form and return it to your Family Day Care Provider. Part 1 and Part 3 to be completed by all families or guardians.
Part 2 to be completed ONLY if enrolling an infant child (under the age of 12 months).

PART 1: CHILD ENROLLMENT INFORMATION

Child's First Name _____	Last Name _____	Date of Birth ____/____/____	M _____ F _____ Gender
Times Child Normally Attends For example 7:30 AM – 5 PM	Hours from: _____ to _____	Check (✓) the days your child normally attends: <input type="checkbox"/> Sunday <input type="checkbox"/> Monday <input type="checkbox"/> Tuesday <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	
School Age Child – Times Child Attends School. For example 8:00 AM – 3:00 PM	School Hours from: _____ to _____	Check (✓) the meals you request that your child receives while in care: <input type="checkbox"/> Breakfast <input type="checkbox"/> AM Snack <input type="checkbox"/> Lunch <input type="checkbox"/> PM Snack <input type="checkbox"/> Supper <input type="checkbox"/> Evening Snack	
Child attends full day during school closures: <input type="checkbox"/> Yes <input type="checkbox"/> No		Check (✓) Child's Relation to Provider: <input type="checkbox"/> Not related <input type="checkbox"/> Related, Non-resident <input type="checkbox"/> Child Resides with Provider	

PART 2: INFANT MEAL NOTIFICATION (Birth through 11 months)

Nutritious meals meeting the United States Department of Agriculture guidelines are served to all children enrolled in this program, including children under the age of 12 months. The Provider must meet the meal component requirements based on age and development outlined in the Infant Meal Pattern.
 I understand that this Family Day Care Provider will serve the iron fortified formula _____ to my infant while in care.
 (Name of Iron Fortified Infant Formula)

To help provide the best nutritional care for your infant, please complete the following information.

IF YOU FORMULA-FEED YOUR INFANT, PLEASE CHECK (✓) ONE OPTION: <input type="checkbox"/> I prefer to have the Provider supply the formula offered, <u>OR</u> <input type="checkbox"/> I will supply formula for my infant child	IF YOU BREAST-FEED YOUR INFANT, PLEASE CHECK (✓): <input type="checkbox"/> I will supply expressed (pumped) breast milk for my infant child
--	---

I understand that this Family Day Care Provider will supply infant cereal and infant foods for infants 6 months and older as they are developmentally ready according to the CACFP requirements. Please check (✓) one option.
 I prefer to have the Provider supply infant cereal and infant foods. OR
 I will supply infant cereal and infant foods for my infant child.

PART 3: PARENT OR GUARDIAN ACCEPTANCE AND SIGNATURE

Civil Rights: This information is voluntary and will not affect your children's eligibility. Please indicate ethnic and racial identity of your children by checking a box in EACH of the categories. This information is being collected only to be sure that everyone receives CACFP benefits on a fair basis.

1. **Ethnic Identity:** Hispanic or Latino Non-Hispanic or Latino
 2. **Racial Identity:** American Indian or Alaska Native Asian Black or African American Native Hawaiian or Other Pacific Island White

Parent/Guardian, Please Print Name _____

Mailing Address _____ **Apt #** _____ **City** _____ **State** _____ **Zip** _____

(_____) _____ (_____) _____ (_____) _____
Home Telephone Number **Cell Telephone Number** **Work Phone Number**

I have read this Child Enrollment Form and request that my child receive the above CACFP benefits. I have received a copy of this completed form.

PARENT/GUARDIAN SIGNATURE _____ **DATE SIGNED** _____

PROVIDER NAME: _____ **PROVIDER #** _____

This institution is an equal opportunity provider.

White: YFCI **Yellow:** Provider **Pink:** Parent YFCI 01/2018



1 in 10 Massachusetts households cannot confidently predict where their next meal is coming from.

Why are nutritious meals and snacks important for children and adults?

Research has shown that there is a strong relationship between nutrition, health and learning. Your community is in a special position to offer healthy meals to children in safe and supportive settings.

Older or disabled adults can have limited ability to prepare or access healthy meals. Providing meals and snacks can help them maintain their independence and quality of life.

Where can I go to get more information?

www.doe.mass.edu/cnp/nprograms

Office for Food and Nutrition Programs
75 Pleasant Street
Malden, MA 02148
Phone (781)-338-6480



This institution is an equal opportunity provider.

BUILDING FOR THE FUTURE



Child and Adult Care Food Program (CACFP)



United States Department of Agriculture

Child and Adult Care Food Program (CACFP)

PROVIDING MASSACHUSETTS NUTRITIOUS MEALS AND SNACKS



What is CACFP?

The CACFP is the Child and Adult Care Food Program, a federal program that provides healthy meals and snacks to children and adults receiving day care.

Through the CACFP, participants' nutritional needs are supported on a daily basis. The program plays a vital role in improving the quality of day care and making it more affordable for many low-income families. In addition to day care, the CACFP helps make afterschool programs more appealing to at-risk youth.

Homeless children and children from temporarily displaced families can also receive up to three meals each day through shelters that operate the program.



What kinds of meals are served?

CACFP facilities follow the meal patterns established by USDA.

- **Breakfast** consists of a serving of milk, fruit or vegetable, grains or bread or meat or meat alternate.
- **Lunch and dinner** require milk, grains or bread, meat or meat alternate, and different servings of fruits and vegetables.
- **Snacks** include two different servings of the five components: milk, fruits, vegetables, grains or bread, or meat or meat alternate.

Who is eligible for CACFP meals?

- Children age 12 and under
- Adults age 60 and older or functionally impaired adult participants enrolled in an adult day care center
- Youth through age 18 in afterschool programs in needy areas and emergency shelters
- Migrant children age 15 and younger.



CACFP Facilities

Many different facilities operate the CACFP, all sharing the common goal of bringing nutritious meals and snacks to participants.

- **Child Care and Outside School Hours Centers**
Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers serve meals to large numbers of children.
- **Family Day Care Homes**
Small groups of children receive nonresidential day care in licensed or approved private homes.
- **At-Risk Afterschool Meals**
Centers in low-income areas provide snacks and meals to school-age children and youth.
- **Adult Day Health Centers**
Public, private nonprofit, and some for-profit adult day health care facilities provide structured, comprehensive services to functionally impaired nonresident adults.
- **Homeless Shelters**
Emergency shelters provide residential and food services to homeless children.

